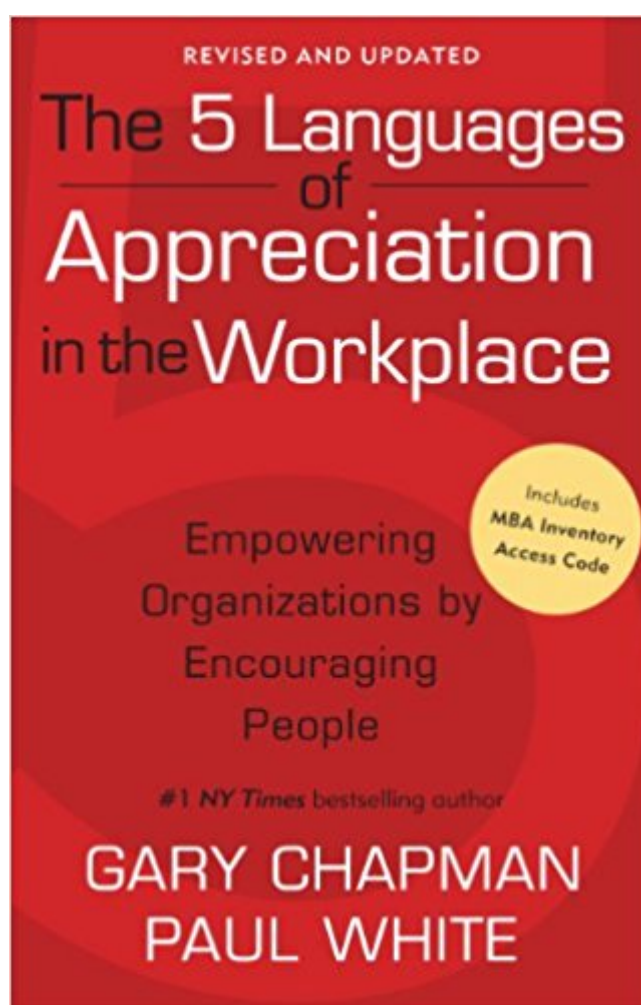




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# The 5 Languages Of Appreciation In The Workplace: Empowering Organizations By Encouraging People



## Synopsis

The 5 Languages of Appreciation in the Workplace: Empowering Organizations by Encouraging People, by Gary Chapman and Paul White, ã ã applies the love language concept to the workplace. This book helps supervisors and managers effectively communicate appreciation and encouragement to their employees, resulting in higher levels of job satisfaction, healthier relationships between managers and employees, and decreased cases of burnout. Ideal for both the profit and non-profit sectors, the principles presented in this book have a proven history of success in businesses, schools, medical offices, churches, and industry. Each book that has not been previously used ã ã contains an access code for the reader to take a comprehensive online ã ã MBA Inventory (Motivating By Appreciation) ã ã ã a \$15 value. The inventory is designed to ã ã provide a clearer picture of an individual ã ã ã ã's primary language of appreciation and motivation as experienced in a work-related setting. This assists ã ã managers and supervisors in communicating effectively to their team members, and thus building a more positive and productive work environment.

## Book Information

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## Customer Reviews

"I loved this book so much that I gave a copy to several co-workers. The 5 Languages of Appreciation in the Workplace helped me to understand the most appropriate ways to show affirmation and give positive feedback to co-workers and volunteers in ways that speak to them based on their primary "Appreciation Language." Great team building exercise to do with

department staff, managerial teams, or executive teams." Reviewed by Sue D, Net Galley, May 16, 2014, Rated 5 of 5 stars.

Is appreciation communicated regularly at your workplace? Do you truly feel valued by those with whom you work? If you express appreciation in ways that aren't meaningful to your co-workers, they may not feel valued at all. The problem is you're speaking different languages. In *The 5 Languages of Appreciation in the Workplace*, Dr. Gary Chapman and Dr. Paul White will help you:

- Express genuine appreciation to co-workers and staff – even on a tight budget.
- Increase loyalty with the employees and volunteers in your organization.
- Reduce cynicism and create a more positive work environment.
- Improve your ability to show appreciation for difficult colleagues.
- Individualize your expressions of appreciation by speaking the right language.
- Convey the language of physical touch in appropriate ways.

Based on the #1 New York Times bestseller, *The 5 Love Languages*®, Dr. Chapman and Dr. White give you practical steps to make any workplace environment more encouraging and productive. Before you know it, you will learn to speak and understand the unique languages of appreciation and feel truly valued in return.

Praise for *The 5 Languages of Appreciation in the Workplace*

I have really worked hard for many years to appreciate my co-workers scattered across the USA. However, this simple process and tool has put me light years ahead. It will greatly help your relationships and productivity as a leader.

—Kent Humphreys, Chairman, American Health Partners

This book addresses not just the need for the life-giving appreciation we all need, but takes us through the process of discovering what that looks like for ourselves and for those with whom we work. Everyone who reads this book will without doubt be better equipped to create an atmosphere of appreciation in their sphere of influence wherever that is.

Lynne Smith, Director of Leadership Development, Next LEVEL Leadership Canada

Trusting relationships are the glue that holds commerce together. They are more important than skills or knowledge. This book shows how to build trust on a personal level in the workplace and its principles apply for a wide variety of organizations.

Tom Nicholson, Executive Director, HR People & Strategy

Bought these for my staff, and they really enjoyed the exercise and reading the material. I've gotten good feedback from them.

Useful resource for supervisors and direct reports as well. It is a take on the 5 Love Languages by the same author, which is a good read and also useful for interpersonal relationships in general. The

book drags on a bit - could have conveyed the same ideas with less text... Supervisors who recognize and appreciate the people that work for them get SO much more done and more impressive results. This book helps readers understand how people feel appreciated and may improve relationships in the workplace.

Love these books. This one is especially useful.

When my ex-husband absolutely rejected everything in this reference, I feared for the marriage - but continued to try and relate on his level. 4 years later, there was an ugly divorce - his choice for rejecting the advice in the book.

Very helpful!

What if everyone spoke the same language? From the same author of The 5 Love Languages, learning to speak to others at work. The statistics in the beginning of the book speak volumes to why today's companies are losing good people.

Because words of encouragement and acts of service are important to me, I have, without giving it much thought, have used it as a form of recognition and appreciation liberally. The result is mixed appreciation for my leadership and management abilities. Results as a consequence of my appreciation tactics are also mixed w a some hits and misses.

excellent book! i'd recommend this book to anybody leading a company or organization. it is the key principles for empowering others and creating the right energy in the workplace to establish a thriving successful company!

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